

UNPRECEDENTED PREPARATION FOR CERTIFICATION IN  
HYPNOTISM AND NEURO-LINGUISTIC PROGRAMMING



**NEW YORK  
HYPNOSIS**

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**T R A I N I N G   C E N T E R**

## COURSE CATALOG

### **OUR MISSION:**

To provide world class certification training and continued support

### **OUR GRADUATES:**

- Coach, guide, teach and motivate individuals to achieve their goals
- Facilitate positive, rapid change
- Inculcate positive thinking and the capacity for self-hypnosis and self-improvement
- Elevate communication and interactional skills to enhance positive outcomes

**NYHTC**

**A Licensed Private School**

5000 Expressway Drive South, Holbrook, NY 11741

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[www.newyorkhypnosistrainingcenter.com](http://www.newyorkhypnosistrainingcenter.com)

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## **Introduction**

New York Hypnosis Training Center (NYHTC) is licensed by The New York State Education Department and is approved by the National Guild of Hypnotists (NGH) to teach the Hypnotism Certification Courses: Hypnotism Certification Training (HCTPE) and (HCTNP); and as well as the National Federation of Neuro Linguistic Programming (NFNLP) to teach Neuro-Linguistic Programming Certification Courses, (NLPP-1) and (NLPP-2).

Non-Therapeutic Hypnotism is the independent use of the hypnotic techniques to help clients inculcate positive thinking and the capacity for self-hypnosis. Unless specifically allowed by State law, hypnotists do not do psychotherapy; they coach, teach, guide, instruct and train. Certified Consulting Hypnotists help ordinary people with ordinary problems using individual hypnotic techniques.

Neuro-Linguistic Programming (NLP) is designed to elevate communication and interaction skills, thereby enhancing outcomes and results one can achieve. Learning how to use NLP technology can result in rapid change.

Certified Consulting Hypnotists and NLP Practitioners do not diagnose, treat or prescribe for clients regarding issues related to medical or mental health conditions and shall work with clients only with the intent to enhance the client's own natural restorative and coping abilities, and will make no therapeutic claims.

The coursework does not include the practice of psychotherapy.

NYHTC offers training in hypnosis to the Professional as well as the Non Professional as defined in the Eligibility section.

## Director's Greeting



Welcome to the New York Hypnosis Training Center (NYHTC). At this writing, we remain the only New York State licensed school offering comprehensive education in the fields of Hypnotism and Neuro-Linguistic Programming (NLP) in an accelerated format:

Whether you are pursuing a career as a Certified Consulting Hypnotist, adding hypnotism or NLP to your existing professional skills, for your self-improvement, or to help others, the NYHTC programs are designed to meet your goals.

We are proud to offer the highest standards in hypnosis and NLP education available, along with marketing training and the business forms you need that will help you get started right away. Using a style of education that is exciting and innovative, we help you develop the skills that will bring out the best in your abilities to help others.

- Carol Denicker, Director

## Consumer Alert

Live demonstrations, supervised practice, student interaction and spontaneous critiques are essential to the effective, successful practice of Hypnosis or NLP. Correspondence courses are limited.

Licensed schools insure quality training and protect your rights as consumer. If an alleged "school" is offering career training in Hypnotism or NLP in New York State, and it is not a licensed school, it is operating illegally.

## Tax Deductible

Certification training at NYHTC is fully tax deductible (per U.S. Treasury Regulation 1.1625) and permits an income tax deduction for educational expenses including registration fees, tuition, travel, meals and lodging for courses taken to improve or maintain skills required in employment or business. Only licensed schools can provide you with this.

## **School Calendar**

**The National Guild of Hypnotists Hypnotism Certification Courses** are offered five times per year. The ten-day class runs from Wednesday through Sunday for each of the two five-day sessions, with a break between sessions of two to four weeks. The 10 day course must be taken in its entirety. We also offer one 10 day “weekends only” course per year.

**The National Federation of Neuro-Linguistic Programming (NFNLP) Certification Courses** are offered three times per year. There are two Practitioner Level 1 classes and one Practitioner Level 2 classes offered annually. Classes run from Thursday through Sunday for both Level 1 and Level 2. (These are two separate courses.)

Optional clinical practice is scheduled once each quarter.

**Please visit [www.newyorkhypnosistrainingcenter.com](http://www.newyorkhypnosistrainingcenter.com) for current class schedules.**

### **The school is closed on the following holidays**

New Year's Day  
Easter  
Memorial Day  
Independence Day  
Labor Day  
Thanksgiving Day  
Friday after Thanksgiving  
Christmas Eve  
Christmas Day  
...and the weekend before any Monday holiday

## **NYHTC Code of Ethics**

We require our graduates to conform to the following ethical principles, and shall hold members accountable for any departure from these principles.

**Client Welfare:** Graduates shall make the physical and mental well-being of each client a prime consideration.

**Client Safety:** Graduates shall not engage in verbal, physical or sexual abuse of any client.

**Practice Limits:** Graduates shall use hypnotism and/or NLP strictly within the limits of their training and competence and in compliance to the laws of their state.

**Advertising:** Graduates shall be truthful in their advertising.

**Credentials:** Graduates shall always be honest about the nature of their titles and degrees when referring to them to the general public, the media, and within the confines of our profession.

**Complimentary Practice:** Graduates shall not diagnose, treat, or prescribe for clients regarding issues related to medical or mental health conditions. Members shall work with clients only with the intent to enhance the client's own natural and restorative and coping abilities, and will make no therapeutic claims.

**Reasonable Practice:** Unless licensed to do so, graduates shall withhold non-referred sessions with a client if a client's behavior, appearance or statements would lead a reasonable person to believe that the client should be evaluated by a licensed health care professional. Members shall provide services to such clients only after evaluation and with the approval of the licensed health care professional.

**Colleagues:** Graduates shall treat Hypnotism and NLP practitioner colleagues without public defamation.

**Liability Insurance:** Upon completion of this course, any student who chooses to practice hypnotism or NLP as a business is required to obtain professional liability insurance.

## ENROLLMENT PROCESS

### Hypnotism Certification Training Professional Education

#### Eligibility:

Degree	Curriculum	Minimum Requirements
Certificate	<b>Hypnotism Certification Training Professional Education (HCTPE)</b>	Age 21 Associates Degree or Licensed Professional (see below)* HCTNP Students – See page 12 Some College or High School Diploma plus specific work experience*

\*College graduates (Associates Degree or higher), Licensed Professionals (i.e.): Acupuncturists, Audiologists, Chiropractors, Coaches, Creative Arts, Therapists, Dental Hygienists, Dentists, Dietitians, Nutritionists, Marriage and Family Therapists, Massage Therapists, Mental Health Counselors, Doulas Midwives, Occupational Therapists, Optometrists, Physical Therapists, Physicians, Physician Assistants, Podiatrists, Practical Nurses, Psychoanalysts, Registered Nurses, Social Workers, Teachers, Licensed Ministers, etc.

#### Enrollment Agreement

All applicants must complete an Enrollment Agreement, comply with the NYHTC/NGH Code of Ethics and Standards of Practice, demonstrate an aptitude for this level of training, and be approved by Carol Denicker, Director NYHTC. Once the Enrollment Agreement is signed, a deposit of \$300 (including a \$100 non-refundable registration fee) is required to hold your place in a class.

#### FINANCES - Hypnotism Certification Training Professional Education (HCTPE)

The full tuition is **\$2,377**. **Early pay discount rate: \$2,177** (discount deadline: 30 days prior to start of class, no exceptions). Thereafter the \$2,377 tuition includes:

	<b>Full Tuition</b>	<b>Early Pay Discount</b>
Tuition	\$2,077	\$2,177
Registration fee	\$ 100	\$ 100
Books and Materials Kit	<u>\$ 200</u>	<u>\$ 200</u>
Total Due	\$2,377	\$1,877

#### Credit for Prior Learning from NGH Approved School

If you have previously taken the first half of the NGH Hypnotism Certification course elsewhere and can provide documentation to prove it, you may enroll in the second half at a prorated tuition of \$1,450 for scheduled classes. You may pay for your tuition by check or credit card.

## Financial Assistance

Financial assistance is available through ACCES-VR (Vocational Rehabilitation) ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living. Learn more at: <http://www.acces.nysed.gov/vr/>.

## Tuition Payment Options

Choose from 3 ways to pay for NGH Hypnotism Certification classes:

1. One payment up to 10 days prior to the start of class: \$2,377.
2. One, prepaid, "early-pay" discount when full tuition is paid 30 days prior to the start of class: \$2,177 - **SAVE \$200.**
3. Private Training: One payment of \$4,177 - due 10 days prior to the start of class (No early pay discount applies.)

## HCTPE Private Training

Private training means all classes offered to accommodate students that are unable to attend scheduled classes that must be scheduled on weekdays only.

10 Day (75 hour) Hypnotism Certification Training Professional Education (HCTPE)

### Enrollment Fees for Private Training:

\$3,877 full tuition

\$ 100 nonrefundable registration fee\*

\$ 200 books and supplies

\$ 300 deposit due upon signing the enrollment agreement

\$4,177 total due 10 days prior to start of training

HCTPE If Termination Occurs	School May Keep	Student Tuition Refund <i>Minus Registration &amp; Training Materials Fees</i>		
		Full Fee	Early Pay Discount	Private Training
0-15% of the program	0%	100% minus fees = \$2,077	\$1,877	\$3,877
16-30% of the program	25%	75% minus fees = \$1,558	\$1,408	\$2,908
31-45% of the program	50%	50% minus fees = \$1,039	\$ 939	\$1,939
46-60% of the program	75%	25% minus fees = \$ 519	\$ 469	\$ 969
After 60% of the program	100%	0% minus fees = 0	0	0



## **Hypnotism Certification Training Professional Education (HCTPE) Description**

This course is a comprehensive foundation designed to prepare professionals for the range of experiences and challenges in the field of hypnotism. We work in small groups that provide students with optimum guidance and support. With course instruction and hands-on experience, graduates will be prepared to provide a high level of proficiency in the art of hypnotism.

The training program consists of 75 classroom hours over 10 days. (First Session: 37.5 hours and Second Session: 37.5 hours) as well as approximately 25 hours of homework. We also offer one 75 hour "weekends only" class per year.

### **What You Will Learn:**

Interview techniques, preliminary suggestibility tests, depth tests, classification of clients, the functions of the conscious/ unconscious mind, ego strengthening (enhancing self-confidence & self-esteem), influences and dangers, how to hypnotize & emerge clients, a three-step self-hypnosis process, developing rapport, powerful induction procedures, mechanical aids, ideomotor response techniques, smoking cessation program, weight control program, stress reduction program, session structure, self-assessment and goal setting, hypnotic suggestion, reinforcement and encouragement, guided imagery techniques, Goal Image Focusing Technique (GIFT), how to teach a self-hypnosis course, uncovering techniques, rapid inductions, stress reduction techniques, performance enhancement techniques, facts and myths about hypnosis, how to launch a successful practice, effective marketing strategies, ethics and standards of practice and legal compliance.

- **What is Hypnosis?** Lecture, theory and definitions. Primary suggestibility, secondary suggestibility and hypnotizability as well as dispelling misconceptions
- **History of Hypnosis:** Lecture & Discussion: brief overview of early and contemporary history
- **Preliminary Suggestibility Tests:** Practice: assessing suggestibility techniques
- **Progressive Relaxation Induction** (when used as an assessment tool): Theory, Demonstration & Practice inducing deep relaxation and suggestion
- **Favorable and Unfavorable Influences of Hypnosis:** Lecture: Favorable influences to implement and unfavorable influences to avoid
- **Cautions to the Hypnotist:** Lecture: what to avoid and what to include during a session to ensure client safety
- **Myths vs Facts:** Lecture & Discussion about the most common hypnosis myths
- **How to Hypnotize:** Lecture & Discussion about the three steps of inducing hypnosis
- **Emerging Procedures:** Lecture, Demonstration & Practice the various ways to emerge a client from hypnosis

- **Dr. Flowers Induction:** Theory, Demonstration & Practice one of the methods to induce hypnosis
- **Depth Testing:** Theory, Demonstration & Practice methods of judging the depth of hypnosis
- **3-Step Self Hypnosis Program:** Theory, Demonstration & Practice the development of the ability for self-hypnosis in three stages
- **Suggestion Structure:** Theory, Demonstration & Practice. Development of suggestions, reinforcement & encouragement, positive suggestion management as well as post-hypnotic suggestions
- **Additional Inductions:** Theory, Demonstration & Practice several different induction methods
- **Deepening Techniques:** Theory, Demonstration & Practice of methods to deepen the hypnotic state and for the client to recognize, understand and believe that they are in hypnosis.
- **Conscious/Unconscious Mind:** Lecture: a brief overview of the functions of and differences between the conscious and unconscious minds
- **Use of Mechanical Aids:** Lecture: a discussion of the uses of fixation devices
- **Smoking Cessation Programs:** Lecture, Theory, Demonstration & Practice, Techniques for smoking cessation (imagination training, stress management, self-hypnosis)
- **Weight Management Program:** Lecture, Theory, Demonstration, and Practice of Techniques for the achievement of weight goals (imagination training, stress management, self-hypnosis)
- **The Uses and Benefits of Ideomotor Response:** Demonstration & Practice the use of body movements for responses rather than using spoken words
- **Stress Reduction Program:** Lecture, Theory, Demonstration & Practice stress recognition and stress management techniques (imagination training, self-hypnosis)
- **Standards of Practice & Code of Ethics:** Lecture: a complete description of the National Guild of Hypnotist's code of ethics and standards of practice
- **Session Structure:** Lecture, Demonstration, Practice how to structure first and subsequent sessions
- **Self-Assessment Techniques:** Lecture, Theory, Practice how to assess issues
- **Goal Setting:** Lecture, Theory, Practice: The difference between goals and objectives and how to construct specific action objectives
- **Auto-Suggestion/Additional Self Hypnosis Techniques:** Demonstration & Practice, students are taught a variety of techniques that lead to goal accomplishments
- **Uncovering & Memory Exploration Techniques:** Theory & Demonstration: Techniques to stimulate recall of forgotten events

- **Fear, Apprehension Reduction Techniques:** Theory & Practice. Imagery to eliminate or lessen fear
- **Ego Strengthening** (Self Confidence Building): Lecture, Theory Demonstration & Practice, a technique to strengthen confidence and self esteem
- **Rapid Inductions:** Theory, Demonstration & Practice: Hypnotic inductions to induce or re-induce hypnosis quickly
- **Goal Imaging Focus Technique (GIFT):** Lecture, Demonstration & Practice A six step process to goal achievement
- **Effective Marketing and Business Strategies:** Lecture, Q & A, Powerful techniques to market hypnotic skills
- **How to Teach a Self Hypnosis Course:** Lecture, Demonstration: How to teach self-hypnosis to a group
- **Complete First Session Practice:** Time is allotted for the practice of a complete first session
- **Complete Subsequent Session Practice:** Time is allotted for the practice of complete subsequent sessions
- **Exam**

## **You Will Receive**

- Two NGH training manuals
- *Hypnosis for Change 3<sup>rd</sup> Edition*, by Josie Hadley and Carol Staudacher
- *Hypnotic Recollections*” by Dr. Dwight Damon
- Video and Audio Recordings
- Reference Books as PDF files
- Business start-up portfolio
- A multitude of scripts and techniques, forms and additional resources in the form of daily handouts
- 12 months membership in The National Guild of Hypnotists
- THE JOURNAL OF HYPNOTISM (quarterly subscription)
- HYPNO-GRAM (by-monthly subscription)
- Dynamic lectures, Q&A, demonstrations, and supervised hands-on practice.
- Supervised classroom practice
- Optional quarterly practice sessions at no extra charge
- A personalized NGH 11x14 Certificate and a Membership Card
- NYS Education Department approved NYHTC diploma
- NYHTC Training is fully tax deductible per U.S. Treasury Regulation 1.1625 and permits an income tax deduction for educational expenses including registration fees, tuition, travel, meals and lodging for courses taken to improve or maintain skills required in employment or business. Only licensed schools can provide you with this tax-deductible option.

Everything you will need is included in your tuition. You don't need to purchase anything additional.

# Hypnotism Certification Training Non-Professional Education

## Eligibility

Degree	Curriculum	Minimum Requirements
Certificate	<b>Hypnotism Certification Training Non-Professional (HCTNP)</b>	Age 21 Some College or High School Diploma plus specific work experience*

\*This Hypnotism Certification Course is a comprehensive foundation designed to prepare non-professionals in the field of hypnotism. We work in small groups that provide students with optimum guidance and support. With course instruction and hands-on experience, graduates will be prepared to provide a high level of proficiency in the art of hypnotism.

## Enrollment Agreement

All applicants must complete an Enrollment Agreement, comply with the NYHTC/NGH Code of Ethics and Standards of Practice, demonstrate an aptitude for this level of training, and be approved by Carol Denicker, Director NYHTC. Once the Enrollment Agreement is signed, a deposit of \$300 (including a \$100 non-refundable registration fee) is required to hold your place in a class.

## FINANCES - Hypnotism Certification Training for Non Professionals

The full tuition is **\$2,377**. **Early pay discount rate: \$2,177** (discount deadline: 30 days prior to start of class, no exceptions). **Thereafter the \$2,377** tuition includes:

	<b>Full Tuition</b>	<b>Early Pay Discount</b>
Tuition	\$2,077	\$1,877
Registration fee	\$ 100	\$ 100
Books and Materials Kit	<u>\$ 200</u>	<u>\$ 200</u>
Total Due	\$2,377	\$2,177

(The kit includes books, training manuals, and a selection of instructional videos, a pendulum, sample scripts, along with forms and templates.)

There are no scholarships.

## HCTNP Private Training

Private training means all classes offered to accommodate students that are unable to attend scheduled classes that must be scheduled on weekdays only.

10 Day (75 hour) Hypnotism Certification Training Nonprofessional (HCTNP)

### Enrollment Fees for Private Training:

- \$3,877 full tuition
- \$ 100 nonrefundable registration fee\*
- \$ 200 books and supplies
- \$ 300 deposit due upon signing the enrollment agreement
- \$4,177 total due 10 days prior to start of training

## Tuition Payment Options for Hypnotism Certification Training

Choose from 3 ways to pay for NGH Hypnotism Certification classes:

1. One payment up to 10 days prior to the start of class: \$2,377.
2. One prepaid "early-pay" discount when full tuition is paid 30 days prior to the start of class: \$2,177 - **SAVE \$200.**
3. Private Training: One payment of \$4,177 - due 10 days prior to the start of class.

HCTNP If Termination Occurs	School May Keep	Student Tuition Refund <i>Minus Registration &amp; Training Materials Fees</i>		
		Full Fee	Early Pay Discount	Private Training
0-15% of the program	0%	100% minus fees = \$2,077	\$1,877	\$3,877
16-30% of the program	25%	75% minus fees = \$1,558	\$1,408	\$2,908
31-45% of the program	50%	50% minus fees = \$1,039	\$ 939	\$1,939
46-60% of the program	75%	25% minus fees = \$ 519	\$ 469	\$ 969
After 60% of the program	100%	0% minus fees = 0	0	0

## Hypnosis Certification Training Non Professional Education (HCTNP) Description

This course is a comprehensive foundation designed to prepare non-professionals for the range of experiences and challenges in the field of hypnotism. We work in small groups that provide students with optimum guidance and support. With course instruction and hands-on experience, graduates will be prepared to provide a high level of proficiency in the art of hypnotism.

The training program consists of 75 classroom hours over 10 days. (First Session: 37.5 hours and Second Session: 37.5 hours) as well as approximately 25 hours of homework. We also offer one 75 hour "weekends only" class per year.

### What You Will Learn

How to ensure client safety. Interview techniques, preliminary suggestibility tests, depth tests, classification of clients, the functions of the conscious/ unconscious mind, enhancing self-confidence & self-esteem, influences and dangers, how to hypnotize & emerge clients, a three-step self-hypnosis process, developing rapport, powerful induction procedures, mechanical aids, ideomotor response techniques, smoking cessation program, weight control program, stress reduction program, session structure, self-assessment and goal setting, hypnotic suggestion, reinforcement and encouragement, guided imagery techniques, Goal Image Focusing Technique (GIFT), how to teach a self-hypnosis course, uncovering techniques, rapid inductions, stress reduction techniques, facts and myths about hypnosis, ethics and standards of practice and legal compliance.

- **What is Hypnosis?** Lecture, theory and definitions. Primary suggestibility, secondary suggestibility and hypnotizability as well as dispelling misconceptions
- **Preliminary Suggestibility Assessment:** Practice: assessing suggestibility techniques
- **Favorable and Unfavorable Influences of Hypnosis:** Lecture: Favorable influences to implement and unfavorable influences to avoid
- **Cautions of Hypnosis/Safety:** Lecture: what to avoid and what to include during a session to ensure client safety
- **How to Hypnotize:** Lecture & Discussion about the three steps of inducing hypnosis
- **Emerging Procedures:** Lecture, Demonstration & Practice the various ways to emerge a client from hypnosis
- **Dr. Flowers Induction:** Theory, Demonstration & Practice one of the methods to induce hypnosis
- **Depth Testing:** Theory, Demonstration & Practice methods of judging the depth of hypnosis
- **3-Step Self Hypnosis Program:** Theory, Demonstration & Practice the development of the ability for self-hypnosis in three stages
- **Suggestion Structure:** Theory, Demonstration & Practice. Development of suggestions, reinforcement & encouragement, positive suggestion management as well as post-hypnotic suggestions
- **Additional Inductions:** Theory, Demonstration & Practice several different induction methods
- **Deepening Techniques:** Theory, Demonstration & Practice of methods to deepen the hypnotic state and for the client to recognize, understand and believe that they are in hypnosis
- **Primary Functions of Mind (Conscious/Unconscious Mind):** Lecture: a brief overview of the functions of and differences between the conscious and unconscious minds
- **Use of Mechanical Aids:** Lecture: a discussion of the uses of fixation devices
- **Smoking Cessation:** Lecture, Theory, Demonstration & Practice of Techniques for smoking cessation (imagination training, stress management, self-hypnosis)
- **Weight Management:** Lecture, Theory, Demonstration & Practice of Techniques for the achievement of weight goals (imagination training, stress management, self-hypnosis)
- **The Uses and Benefits of Ideomotor Response:** Demonstration & Practice the use of body movements for responses rather than using spoken words
- **Stress Recognition and Reduction:** Lecture, Theory, Demonstration & Practice stress recognition and stress management techniques (imagination training, self-hypnosis)

- **Standards of Practice & Code of Ethics:** Lecture: a complete description of the National Guild of Hypnotist's code of ethics and standards of practice insuring that safety measures are adhered to.
- **Session Structure:** Lecture, Demonstration, Practice how to structure first and subsequent sessions
- **Self-Assessment Techniques:** Lecture, Theory, Practice how to assess issues
- **Goal Setting: Lecture, Theory & Practice:** The difference between goals and objectives and how to construct specific action objectives
- **Additional Auto-Suggestion/Self Hypnosis Techniques:** Demonstration & Practice, students are taught a variety of self-hypnosis techniques that lead to goal accomplishments
- **Hypnotic Recall (Uncovering and Memory Exploration Techniques):** Theory & Demonstration: Techniques to stimulate recall of forgotten events
- **Imagery Techniques to Eliminate or Lessen Fear:** Theory & Practice. Imagery techniques to eliminate or lessen fear
- **Rapid Inductions:** Theory, Demonstration & Practice: Hypnotic inductions to induce or re-induce hypnosis quickly
- **Goal Imaging Focus Technique (GIFT):** Lecture, Demonstration & Practice A six step process to goal achievement
- **Complete First Session Practice:** Time is allotted for the practice of a complete first session
- **Self Confidence/Self Esteem Techniques:** Lecture, Theory Demonstration & Practice, a technique to strengthen confidence and self esteem
- **Progressive Relaxation Induction** (when used as an assessment tool): Theory, Demonstration & Practice inducing deep relaxation and suggestion
- **How to Demonstrate Self Hypnosis:** Lecture, Demonstration: How to demonstrate self-hypnosis to a group
- **Additional Hypnotic Recall Techniques:** Theory & Demonstration: Techniques to stimulate recall of forgotten events
- **Complete Subsequent Session Practice:** Time is allotted for the practice of complete subsequent sessions
- **Elman Induction:** Demonstration and Technique: Rapid hypnotic induction.
- **Exam**



## **HCTNP: You Will Receive**

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- Two NGH training manuals
- *Hypnosis for Change 3<sup>rd</sup> Edition*, by Josie Hadley and Carol Staudacher
- *Hypnotic Recollections* by Dr. Dwight Damon
- Video and Audio Recordings
- Reference Books as PDF files
- A multitude of scripts and techniques, forms and additional resources in the form of daily handouts
- 12 months membership in The National Guild of Hypnotists
- THE JOURNAL OF HYPNOTISM (quarterly subscription)
- HYPNO-GRAM (by-monthly subscription)
- Dynamic lectures, Q&A, demonstrations, and supervised hands-on practice.
- Supervised classroom practice
- Optional quarterly practice sessions at no extra charge
- A personalized NGH 11x14 Certificate and a Membership Card
- NYS Education Department approved NYHTC diploma
- NYHTC Training is fully tax deductible per U.S. Treasury Regulation 1.1625 which permits deductions for educational expenses including registration fees, tuition, travel, meals and lodging. Only licensed schools can provide you with this tax-deductible option.

Everything you will need is included in your tuition. You don't need to purchase anything additional.



## Neuro-Linguistic Programing (NLPP-1) Practitioner Certification

### Eligibility

Degree	Curriculum	Minimum Requirement
Certificate	NLP Practitioner Certification Level 1 (NLPP-1)	Age 21 High School Diploma/Equivalent

### Enrollment Agreement

All applicants must complete an Enrollment Agreement, comply with the NYHTC/NFNLP Code of Ethics and Standards of Practice, demonstrate an aptitude for this level of training, and be approved by Carol Denicker, Director of NYHTC. Once the Enrollment Agreement is signed, a deposit of \$300 (including a \$100 non-refundable registration fee) is required to hold your place in a class. You may pay by check or credit card.

### FINANCES: Tuition and Fees

**Choose from 2 ways to pay for NLP Practitioner Certification Level 1 classes:**

**NLP Practitioner Certification Training – (NLPP-1): \$897**

**Early pay discount rate: \$797** (discount deadline: 30 days prior to start of class, no exceptions). **Thereafter the \$897:**

Tuition	\$597
Registration fee	\$100
Books and Materials Kit	<u>\$200</u>
<b>Total Due</b>	<b>\$897</b>

New York Hypnosis Training Center does offer job placement. There are no scholarships.

Financial assistance is available through ACCES-VR (Vocational Rehabilitation) ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living. Learn more: <http://www.acces.nysed.gov/vr/>

### Tuition Liability:

NLPP-1 If Termination Occurs	School May Keep	Student Tuition Refund Minus Registration Fee & Training Materials Fees		
		Full Fee	Early Pay Discount	Private Training
0-15% of the program	0%	100% minus fees = \$597	\$497	\$1,500
16-30% of the program	25%	75% minus fees = \$448	\$373	\$1,125
31-45% of the program	50%	50% minus fees = \$299	\$249	\$ 750
46-60% of the program	75%	25% minus fees = \$149	\$124	\$ 375
After 60% of the program	100%	0% minus fees = 0	0	0

This course is intended to elevate communication and interaction skills, thereby enhancing outcomes and results one can achieve.

This course designed for participants to develop professional skill competencies to utilize foundational techniques of NLP.

We use NLP to teach NLP by giving students experiential exercises with support and guidance from the instructor. In this way, graduates develop experience and proficiency in the use of NLP. The intensive training is 32 hours of classroom time, and estimated to have 6 hours of homework to be completed by the last day of class.

## What You Will Learn

How to Use NLP technology, Tools for rapid change, How to achieve dramatic results for yourself and your clients, as well as all the techniques needed to get started.

- **Sensory acuity:** Lecture, discussion, exercise. Students will learn how to, and experience ways of increasing sensory acuity.
- **Observational skills/gathering information:** Lecture: Students will be taught the importance of using their skills of observation as it pertains to working with clients.
- **Building rapport:** Lecture, and discussion. Student are taught appropriate and effective ways to establish trust and cooperation with others in a professional setting.
- **Representational systems:** Lecture, and exercise. Students learn how people perceive and experience their surroundings through the five senses.
- **Sub-modalities:** Lecture. Students are taught how representational systems are further categorized by an individual.
- **Presuppositions of NLP:** Lecture and discussion. Student will be taught the major presuppositions in the NLP point of view regarding behaviors and decisions of others.
- **New behavior generator exercise:** Lecture and experiential work. Students will be taught when to utilize this exercise, including a demonstration and practice.
- **Swish pattern:** Lecture and experiential work. Students will be taught when to utilize this exercise, including a demonstration and practice.
- **States of excellence:** Lecture and experiential work. Students will be taught when to utilize this exercise, including a demonstration and practice.
- **Meta model:** Lecture and discussion. Students will be taught this model of language patterns that people use to express their specific realities.
- **Anchoring:** Lecture and experiential work. Students will be able to set up and utilize anchors- a cue to an experience, such as competence or calmness.
- **Releasing unnecessary fear exercise:** Lecture and experiential work. Learning Objectives: Students will be taught the circumstances to utilize this exercise, including a demonstration and practice.

- **Six step reframe:** Lecture and experiential work. Students will be taught a process to metaphorically see how behavior can easily be changed, including demonstration and experiential exercise.
- **Self appreciation:** Lecture and experiential work. Students will be taught a technique to help individuals gain for themselves the appreciation that others have for them, including a demonstration and practice.
- **Metaphors:** Lecture and discussion. Students will be able to identify situations where the use of metaphor would be more useful than a more direct approach, and will create their own metaphor for an assignment.
- **Building self-confidence:** Lecture and experiential work. Students will be taught a technique to help individuals gain self-confidence, including a demonstration and practice.
- **Visual squash:** Lecture and experiential work. Lecture and experiential work.
- **Anchoring and adding a resource:** Lecture and experiential work. Students will be taught a technique to help individuals access resourcefulness, including a demonstration and practice.
- **Chaining anchors:** Lecture and experiential work. Students will be able to set up and utilize chained anchors, including a demonstration and practice.
- **Non-verbal trance induction:** Theory, lecture and experiential work. Students will understand and see that inducing hypnotic trance non-verbally is possible and may be a useful strategy for resistant individuals.
- **Sensory perception strategies:** Lecture and discussion. Students will be taught this model of perception patterns that people use to filter information.
- **Detecting deception exercise:** Lecture and experiential work. Students will be taught various nonverbal cues of deception, including a demonstration and practice.

## What You Will Receive

- NLPP-1 Practitioner Manual
- Certification by and first year of membership in the National Federation of Neuro-Linguistic Programming (NFNLP).
- Certificate of Completion approved by the NYS Education Department.
- NYHTC training is fully tax deductible per U.S. Treasury Regulation 1.1625 which permits deductions for educational expenses including registration fees, tuition, travel, meals and lodging for courses taken to improve or maintain skills required in employment or business. Only a licensed school can provide you with this.

## NLP Master Practitioner Certification Level 2

### Eligibility

Degree	Curriculum	Minimum Requirement
Certificate	NLP Practitioner Certification Level 2  (NLPP-2)	Age 21  High School Diploma or Equivalent

### Enrollment Agreement

All applicants must complete an Enrollment Agreement, comply with the NYHTC/NFNLP Code of Ethics and Standards of Practice, demonstrate an aptitude for this level of training, and be approved by Carol Denicker, Director of NYHTC. Once the Enrollment Agreement is signed, a deposit of \$300 (including a \$100 non-refundable registration fee) is required to hold your place in a class. You may pay by check or credit card.

### FINANCES - Tuition and Fees

Choose from 2 ways to pay for NLP Practitioner Certification (NLPP-2) training:

#### NLP Master Practitioner Certification Training - \$997

**Early pay discount rate: \$897** (discount deadline: 30 days prior to start of class, no exceptions). **Thereafter the \$997:**

Tuition	\$697
Registration fee	\$100
Books and Materials Kit	<u>\$200</u>
Total Due	\$997

#### Tuition Liability:

NLPP-2 If Termination Occurs	School May Keep	Student Tuition Refund <i>Minus Registration Fee &amp; Training Materials Fees</i>		
		Full Fee	Early Pay Discount	Private Tuition
0-15% of the program	0%	100% minus fees = \$697	\$597	\$1,500
16-30% of the program	25%	75% minus fees = \$523	\$448	\$1,125
31-45% of the program	50%	50% minus fees = \$349	\$299	\$ 750
46-60% of the program	75%	25% minus fees = \$174	\$149	\$ 375
After 60% of the program	100%	0% minus fees = 0	0	0

## NLP Master Practitioner Certification Level 2 (NLPP-2) Description

This NLP Master Level 2 Certification Course builds upon techniques and skills from the NLP Practitioner Certification Level 1 (NLPP-1) enabling students to rapidly help others reach their potential for human excellence.

We use NLP to teach NLP by giving students experiential exercises with support and guidance from the instructor. In this way, graduates develop experience and proficiency in the use of NLP. The intensive training is 32 hours of classroom time, and estimated to have 4 hours of homework to be completed by the last day of class.

NLP is an approach to communication, personal development. It focuses on the relationships between how we think (neuro), how we communicate (linguistic) and our patterns of behavior and emotions (programs).

### **Enrollment Fees for Private Training for NLPP-1 and NLPP-2:**

\$ 100 nonrefundable registration fee

\$ 200 books and supplies

\$ 300 total deposit due upon signing the enrollment agreement

\$1,500 tuition

\$1,800 total due 10 days prior to the start of class

New York Hypnosis Training Center does not offer job placement. There are no scholarships.

## **What You Will Learn**

Prerequisite: Students have passed Level 1. Advanced Techniques, Presuppositions of NLP – the study of human excellence, Bandler and Grinder – and their study of the patterns of Dr. Milton Erickson and Virginia Satir, Strategies people use in the Meta Model, Advanced Rapport Building, Sub modalities (recognizing how a person makes decisions), Motivational Meta Programs, Review Anchoring, Highly Influential Words, Using Metaphor and the Value of Story Telling, Embedded Commands, Words To Avoid, Patterns of Language.

- **What distinguishes the NLPP-2 (Level 2 Practitioner)?** Theory, The skill of the NLP Level 2 Practitioner. Lecture. Students gain knowledge of advanced skill sets that are used in NLP.
- **Discussion / Questions / Course Expectations:** Theory, Overview and discussion regarding expectations of this course.
- **What are advanced sub-modalities?** Theory. Lecture and discussion. Students are taught advanced subdivisions of how representational systems are processed.
- **Instant inductions.** Skill, Lecture and demonstration. Students gain understanding of how rapidly an individual can move into an altered state, and how to cause then utilize that state, including a demonstration and practice.
- **Understanding Linguistic Influence:** Theory, Lecture and demonstration. Students learn Linguistic installation patterns.
- **Supervised Practice:** Skill, Students practice techniques.

- **Understanding Personal Timelines, and Determining the Timeline of Others:** Theory, Lecture and discussion. Students are taught how to detect in time and through time patterns in themselves and others.
- **What is Time Distortion?** Theory, Lecture. Students gain knowledge of time distortion phenomena, including demonstration and experiential exercise.
- **Using Metaphor: Developing original metaphor.** Skill, lecture and discussion. Students will be able to identify situations where the use of metaphor would be more useful than a more direct approach, and will be taught how to create their own metaphor for a client.
- **Advanced Meta Programing Patterns.** Theory, Lecture, and discussion. Students will be taught in-depth about common and extraordinary Meta programs used by individuals.
- **Supervised Practice:** Skill, Students practice techniques.
- **Understanding the What, Where and How of Waking Trance.** Theory, Lecture. Students will be taught differences of trance states, and what sort of events can spontaneously cause waking trance.
- **Understanding How to Achieve a Shift in States: Changing/shifting states of mind.** Theory, Lecture. Student will be taught how to quickly shift states and guide others through to process.
- **How to Develop Original Metaphorical Stories:** Theory, Students build original metaphors to create change.
- **Supervised Practice:** Skill, Students practice techniques.
- **Advanced Modeling.** Theory, Lecture and discussion. Students will be taught advanced skills for modeling for rapport.
- **Presuppositions.** Theory, Lecture and discussion. Student will be taught in-depth the presuppositions in the NLP point of view regarding behaviors and decisions of others.
- **Advanced Anchoring.** Skill, Lecture. Students will be able to set up and utilize advanced techniques in utilizing anchors- a cue to an experience, such as competence or calmness, including demonstration and practice.
- **Advanced Reframing Techniques.** Skill, Lecture and discussion. Students will be able to utilize context and content reframing.
- **Metaphor for Deep Trance and Teaching.** Theory, Lecture and discussion, metaphor development.
- **Changing beliefs on the subconscious level.** Skill, lecture and discussion. Students will be taught advantages of working at the subconscious level and how to promote change on this level.
- **Supervised Practice:** Skill, Students practice techniques.
- **Final Exam.** Skill.

## **What You Will Receive:**

- NLPP-2 Practitioner Manual
- Certification by and first year of membership in the National Federation of Neuro-Linguistic Programming (NFNLP).
- Certificate of Completion approved by the NYS Education Department.
- NYHTC training is fully tax deductible per U.S. Treasury Regulation 1.1625 which permits deductions for educational expenses including registration fees, tuition, travel, meals and lodging for courses taken to improve or maintain skills required in employment or business. Only a licensed school can provide you with this.

Everything you will need is included in your tuition. You don't need to purchase anything additional.

## **Tuition Refund Policy for All NYHTC Courses**

A student who cancels within 7 days of signing the enrollment agreement but before instruction begins receives all monies returned with the exception of the non-refundable registration fee.

### **Thereafter, a student will be liable for:**

- The non-refundable registration fee plus
- The cost of any textbooks or supplies accepted plus
- Tuition liability as of the student's last date of physical attendance.
- Tuition liability is determined by the percentage of the program offered to the student.

The student must notify the Director of the New York Hypnosis Training Center of his/her withdrawal prior to the actual date of withdrawal in writing or if the New York Hypnosis Training Center terminates the student's enrollment in writing.

The failure of a student to notify the director in writing of withdrawal may delay refund of tuition due pursuant to Section 5002 of the Education Law.

The New York Hypnosis Training Center reserves the right to reschedule a class at any time for reasons of low enrollment or other business reasons. The student will be entitled to a full refund of tuition paid, with the exception of the cost of the kit.

If the New York Hypnosis Training Center closes or ceases operation, enrolled students have a right to a full refund of any tuition paid to date. The school shall make the refund to the student. If the New York Hypnosis Training Center cannot make the refund, a Tuition Reimbursement Fund in accordance with Section 5007 of the Education Law protects students from financial loss. To apply for this, the student must submit a complaint form to the New York State Department of Education, Bureau of Proprietary School Supervision, 116 West 32<sup>nd</sup> Street, 5<sup>th</sup> Floor, New York, New York 10001. The student can also visit the website at [www.acces.nysed.gov/bpss](http://www.acces.nysed.gov/bpss) or call (212) 643-4760.

## **School Policies for Successful Completion of All Courses Offered**

- Full classroom participation
- Completed reading assignments, written homework, and practices of techniques learned in class.
- Required viewing of videos and listening to recordings
- A test score of 70% - (C) or better at the end of the course.

## **Marking Period**

Students will be graded at the end of each level of the course.

## **Student Grading**

Grading will be based on the instructor's analysis of all homework, class work and testing according to the following grading system:

A = 90%-100%  
B = 80%-89%  
C = 70%-79%

D = 60%-69%  
F = 59% and Below



## **Minimum Satisfactory Grade**

The minimum satisfactory grade for the course is 70%. If a student does not maintain this minimum grade, the student will be dismissed.

## **Probation**

Due to the short duration of the course and marking period, there is no probationary period.

## **Academic Progress**

If at the end of the first level the student does not have 100% attendance and a minimum grade of 70%, the student will be required to make up missed days and allowed one additional retake of the test.

## **Graduation Requirements**

100% attendance and a minimum grade of 70%.

## **Attendance Policies**

Students are expected to attend all full days of class.

## **Leave of Absence**

In the case of a prolonged illness or accident, death in the family, or other special circumstances that make attendance impossible or impractical, a leave of absence may be granted to the student if requested in writing by the student or his designee. The approval of such leaves of absence shall be in writing by the school director. No monetary charges or accumulated absences may be assessed to the student during a leave of absence. When a student returns from an approved leave of absence, the student shall be evaluated and placed in the instructional program at the point commensurate with the skill level retained by the student at the time of his return.

## **Tardiness**

A student who is late up to one hour can enter class but should speak with the teacher during the break. A student who misses one or more hours of class may enter but must do an assignment.

## **Make-Up Work**

Any make up session for attendance purposes shall be approved by the licensed school director, and shall consist of instruction in that portion of the course or curriculum, which was not received by the student as a result of absences.

If private lessons are requested by the student to make up any missed classes, the fee will be \$65.00 per hour above the cost of the course.

## **Student Conduct**

New York Hypnosis Training Center prohibits any type of academic dishonesty. This is including but not limited to cheating of any kind, or plagiarism. Failure to honor these standards may result in the student failing the course and/or dismissed from the school.

To maintain a safe and pleasant atmosphere that is conducive to learning, students are expected to be respectful to fellow class members as well as to the instructor. Behaviors that are forbidden include but are not limited to: dishonesty, threatening harm to another, theft or destruction of school property or equipment, use or possession of drugs or alcoholic beverages on school premises. Failure to comply may result in the student being dismissed from the school.

## **Student Complaint Procedure**

Complaints may be resolved verbally and/or in writing between the student and the school director. When the complaint warrants, a formal disciplinary hearing may be conducted and appropriate action taken. Complaints will be considered with all due fairness to determine their validity.

If any student feels that his or her complaint has not been satisfactorily handled, the student has the right to file a written complaint to the NYS Education Department Commissioner of Education in accordance with Section 5003 of the Education Law.

Bureau of Proprietary School Supervision  
116 West 32<sup>nd</sup> Street, 5<sup>th</sup> Floor  
New York, NY 10001 - 212-643-4760  
<http://www.acces.nysed.gov/bpss>

## **Training Location**

The school is conveniently located on the South Service Road of the Long Island Expressway in Holbrook, NY with full handicapped accessibility and parking. The address is:

5000 Expressway Drive South, Holbrook, New York 11741

## **Continuing Education**

NYHTC (NYSED Continuing Education Provider #SW-0215) is an approved provider of continuing education for Licensed Master Social Workers (LMSWs) and Licensed Clinical Social Workers (LCSWs) in NYS.

Hypnotism Certification Training Professional Education (HCTPE) – 10 day module. 64.0 over 10 days

NLP Practitioner Certification Level 1 (NLPP-1) – 4 day module - 32.0 over 4 days

NLP Practitioner Certification Level 2 (NLPP-2) - 4-day module - 32.0 over 4 days

**Note:** This organization will award CEUs to our graduates. The awards are made by this organization, not by the school, and are subject to change according to their policies.

## **Reasons to Attend a Licensed School**

- State licensed directors and instructors
- State approved curriculum and equipment, reviewed by experts in the field.
- Facilities meet state and local building, fire and health codes
- Facilities are inspected by State Education officials.
- Complaint process gives students access to regulatory agency.
- Students' tuition is protected by a State controlled Tuition Reimbursement Account.
- Approved requirements for admission.
- Catalogs and Enrollment Agreements must meet state standards.
- Refund policies are determined by State regulations.
- Employers recognize licensed schools as quality institutions.
- Licensed schools meet or exceed the standards required by Article 101 of the NYS Education
- Law and Part 126 of the Regulations of the Commissioner of Education.
- Fully tax deductible

## **New York Hypnosis Training Center Administration and Faculty**

Carol Denicker, Director, Licensed Teacher  
NGH Board Certified Consulting Hypnotist  
NGH Certified Master Instructor  
NGH Faculty Member  
Certified HypnoBirthing® Educator  
President LI-NGH

Cynthia Lindner, MS, Certified Trainer of Neuro-linguistic Programming  
Vice President, LI-NGH, NGH Faculty Member  
Certified Hypnotist, Certified in Hypno-Anesthesia, frequent guest faculty member at various educational conferences.  
Board Member of American Psychotherapy & Medical Hypnosis Association  
Vice President of LI-NGH

Approved Guest Experts, Trainers and Speakers

### **Disclosure Statement**

The content of this catalog is factual as of the publishing date\*. All teachers are separately licensed by New York State Department of Education. The curriculum is approved by New York State Education Department.

Changes may have occurred since the publishing date. For more accurate and up to date information, please contact the New York Hypnosis Training Center Director. It is the responsibility of the student to review the contents of this catalog for factual information.

The student should be aware that some information in the catalog might change. It is recommended that students considering enrollment check with the school director to determine if there is any change from the information provided in the catalog. In addition, a catalog will contain information on the school's teaching personnel and courses/curricula offered. Please be advised that the State Education Department separately licenses all teaching personnel and independently approve all courses and curricula offered. Therefore, it is possible that courses/curricula listed in the school's catalog may not be approved at the time that a student enrolls in the school or the teaching personnel listed in the catalog may have changed. It is again recommended that the student check with the school director to determine if there are any changes in the courses/curricula offered or the teaching personnel listed in the catalog.